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## WELLNESS CIRCUIT

**Adult** 90 min ..... **18€**

**Child** 90 min ..... **9€**

## BEAUTY RITUALS

### Craniofacial massage

**50€**

An exclusive relaxing treatment for head and shoulders. It balances and oxygenates. The facial treatment offers benefits that are astringent, moisturising, antioxidant and rejuvenating. With vitamin E, Hyaluronic acid and Aloe Vera.

45 min

### Body scrub with salt from the Torrevieja Salt Lakes

**65€**

Immerse yourself in a world full of sensations with a body peeling that will hydrate your skin to the maximum. This treatment will help oxygenate your skin and achieve the desired freshness. You will have perfect skin all year round!

45 min

## RELAXING MESSAGES

### Full body relaxing massage

**55€**

Relaxing massage with gentle pressure movements, where we will work from head to toe, causing a feeling of well-being and absolute relaxation as well as balancing body and mind.

45 min

### Relaxing lymphatic massage

**60€**

Analgesic effect. Supports the immune system and helps to improve defences. Draining effect. Important as a post-operation treatment to facilitate the evacuation of lymphatic fluid and, therefore, avoid oedema or swelling and possible fibrosis.

45 min

### DUO massage

**130€**

Awaken your senses through a relaxing massage as a couple in the same cabin. Done with different essences that will give you a unique sensation. In addition, it includes a 90-minute Spa circuit, per person.

45 min + 60 min Spa

# THERAPEUTIC MASSAGES

## Decontracting & relaxing massage **60€**

A 45 minutes deep tissue massage that will relieve the accumulated tension and muscle overload in the affected areas. It ends with neural passes, pressure and stretching, to achieve an absolute relaxation of the body.  
45 min

## Sport massage for legs **50€**

A massage that relieves the muscles tension in the legs, with passes of deep intensity, releasing tension and stretching the areas, improving this way blood circulation.  
45 min

## Foot reflexology massage with lymphatic drainage **60€**

We will work on the internal organs through the reflex nodes of the foot and we finish off with a drainage of the legs, giving a feeling of lightness to the feet and legs. You will feel incredible results, try it out!  
45 min

# HOLISTIC MASSAGES

## Anti-stress massage with hot stones **65€**

Hot Stone massage that helps you eliminate toxins, stimulates your metabolism and reduces stress. In addition, it also induces sleep, so you will feel more relaxed.  
45 min

## Zen massage with aromatic candles **65€**

Warm scented candles that will make your body reach the highest level of relaxation. Additionally, it will improve blood circulation, it eliminates accumulated toxins and will leave your skin soft and scented.  
45 min

## Lomi-Lomi hawaiian massage **70€**

A massage based on ancient Hawaiian techniques. It is a deep, fluid and rhythmic massage that simulates the sea waves. It is worked with the forearms and hands, allowing a total relaxation of the muscles.  
45 min

## Fixed rate

### Wellness circuit & Gym

1 Person / month	<b>89€</b>
2 People / month	<b>139€</b>

## Massage vouchers

**Vital voucher** validity 1 month **150€**  
(mornings monday to friday)

4 Massages.....45 min

**Oasis voucher** validity 3 months **200€**

4 Massages.....45 min

4 Wellness circuit...90 min

**Splunch voucher** min 2 people **40€**

Spa + Lunch/Dinner

**Sensory voucher** min 2 people **80€**

Spa + Massage+ Lunch/Dinner

## Accesories


Swimming cap	<b>4€</b>
Flip flops	<b>5€</b>
Swimsuit	<b>15€</b>

### TIMETABLE:

Mon - Sat 10:00 h - 14:00 h / 16:00 h - 22:00 h

Sun - 10:00 h - 14:00 h / 16:00 h - 21:00 h

### CONTACT :

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